

Important Safety Information for The Ropes Course

Share this with your group before your scheduled program.

Close-toed, close-heeled shoes.

(Shoes that can be tightened. Slip-on Crocs are unacceptable).



No body jewelry that may get pulled or caught

(dangling or hoop earrings, bracelets, necklaces).



Leave all personal devices at home

(risk of it being lost or broken).



Be sure to wear clothing that will allow the harness to rest comfortably around your waist and legs.



Start drinking plenty of water the night before your program.



Make sure to get a good night's rest the night before your field trip.

